



DELTA EDUCATION AND CHARITABLE FOUNDATION

Education, Scholarships and Services
P.O. Box 42227
Houston, Texas 77242-2227

DECF NEWS/UPDATES

EXECUTIVE BOARD MEETING

TBA via email

Mardi Gras Committee Meeting

Thursday, 10-3-2024
6:30 p.m.

Integrated Missionary Church

MEMBERSHIP SERVICES

Membership in DECF is open.
Contact Daphne Moss, Chair
or visit decfonline.com for
additional information.

COMMUNITY SERVICE PROJECTS

Jordan Grove's Food -Pantry
Contact Maureen Gordon
Jack Yates High School Contact
Lelita Titus
Other Community Projects are
welcomed

HEALTH TOPICS OCTOBER'S

Health Information
Health Observances

HOT TOPICS

Hurricane Season
STAY Prepared

SAVE THE DATE March 1, 2025

Carnivale Mystique
Mardi Gras
Scholarship
Gala

Greetings,

With summer evenings now long behind us, it's time to welcome the month of October and all its awesome beauty. October's crisp air, cool nights, and golden leaves are clear signs that we are now entering the depths of the fall season, just might be your favorite season!

It's the time of year where the October sunshine is just warm enough that you can get away with wearing cozy sweaters and jeans. Everything tastes and smells amazing, and the fall colors make every day seem like an entirely new beginning.

To help you appreciate all of the good things that October brings, it's the perfect time to share some positive quotes for October and Fall inspiration. My hope is that these motivational quotes help you express gratitude for the little things throughout this great month!

"Welcome, October! The time for hot cocoa, cozy sweaters, and the magic of fall."

"The human spirit is a magnificent entity. Just when we think we can stand no more, something significant touches our soul... and life goes on."

"The end of the summer is not the end of the world. Here's to October..."

"Don't let the changing seasons dull your sparkle. Shine bright in October."

"October is the perfect month to start anew. Embrace the change and chase your dreams."

"The magic of October is a reminder that it's never too late to change your story."

"Let October be a time of self-reflection and setting new goals for the future."



Pamela Cashaw, President Dave Moss, President Emeritus



HEALTH TOPICS OCTOBER 2004 HEALTH OBSERVANCES

Every month, there are hundreds of national and international celebrations dedicated to raising awareness and support for meaningful health issues. In October, we're raising awareness about *health literacy, breast cancer, domestic violence awareness, and HIV/AIDS in Latinx communities*. It's time to raise awareness in your community about the importance of early detection of common health issues.

Health Literacy Month: What is Health Literacy? Health literacy is defined in two ways:

1. **Personal health literacy** is how well a person can find, understand, and use information and services to make decisions about their own health and the health of others.
2. **Organizational health literacy** is how well organizations equitably help all people find, understand, and use information and services to make decisions about their own health and others.

For more than 20 years, October has been recognized as Health Literacy Month. This October, let's shine the spotlight on the important role health literacy plays in improving health for people in the United States. During health literacy month, we are urged to put health literacy awareness into action! Join this international observance when hospitals, health centers, literacy programs, libraries, social service agencies, businesses, professional associations, government agencies, consumer alliances, and many other groups work together to integrate and expand the mission of health literacy. Together, we can build bridges between our organizations and the people who need health care or services. Greater health literacy helps us overcome barriers and challenges that may result in harm. By collectively working to improve health literacy, we'll create a more equitable world where everyone can access high-quality care and achieve positive health outcomes.

Domestic Violence Awareness: Domestic Violence Awareness Month (DVAM) is a national campaign dedicated to raising awareness about domestic violence. Every October, organizations and individuals unite across the country for a national effort to uplift the needs, voices, and experiences of survivors. Congress declared the month of October to be Domestic Violence Awareness Month in 1989. As we heal, hold, and center survivors, especially those navigating anti-Blackness and other systems of oppression, we remain grounded in the knowledge that there is no survivor justice without racial justice. *Purple Thursday or "Go Purple Day"* is a national day of action each October during Domestic Violence Awareness Month. Everyone is encouraged to *wear all things purple* as a symbol of peace, courage, survival, honor, and personal dedication to domestic violence awareness.

HIV/AIDS in Latinx Communities: October 15 is National Latinx AIDS Awareness Day (NLAAD). NLAAD was first observed in 2003 by the Hispanic Federation Exit Disclaimer and the Latino Commission on AIDS Exit Disclaimer (LCOA). NLAAD is an opportunity to help address the disproportionate impact of HIV in Hispanic/Latinx communities, promote HIV testing, and stop HIV stigma. This observance is also a community mobilization effort that helps promote effective ways to prevent, treat, and stop the transmission of HIV among Hispanic/Latinx people.

"Start Treatment. Stick to It. Get Better." This year's campaign is directed at the entire community but focused on people who live with HIV. The campaign urges them to choose one of the many treatment options to maintain their health, reach undetectable viral load and do not pass the virus to others (treatment as prevention).

Together, by sharing information we can take steps to improve health within our communities and nation.



HOT TOPICS 2024 UNITED STATES PRESIDENTIAL ELECTION



INFORMATION TO BE SHARED

WHO CAN VOTE: IN THE U.S., YOU CAN VOTE IF YOU ARE:

- A U.S. citizen.
- A resident of the county where you submit the application.
- 18 years old or older on Election Day.
- Not a convicted felon (you may be eligible to vote if you completed your sentence, probation, or parole).
- You have not been declared by a court exercising probate jurisdiction to be either totally mentally incapacitated or partially mentally incapacitated without the right to vote.

TEXAS VOTER REGISTRATION

- To vote in Texas, you must first register. There are many ways to register. No matter which way you choose, your county's voter registrar must receive your application at least 30 days before an election.

WAYS TO REGISTER TO VOTE:

- At Healthy Strides Rx Pharmacy - 4401 Emancipation Avenue 77004
- In-person. Visit your county's Voter Registrar office.
- By mail. Pick up a voter registration application from your county's Voter Registrar office, public libraries, government offices, or high schools.
- Online. Fill out your voter registration application through our online portal here, then print, sign, and mail it to your county's voter registrar office.

VISIT VOTETEXAS.GOV FOR MORE INFORMATION

- Update voter name or address
- This free online service is available for registered Texas voters who have moved or changed their name and need to update their voter registration information with the Texas Secretary of State.

UPDATE YOUR VOTER INFORMATION AND PREPARE TO VOTE

- You may present one of the following approved forms of photo ID to vote in person in Texas:
- Texas Driver License, • Texas Election Identification Certificate, • Texas Personal Identification card, • Texas Handgun License, • U.S. Military identification card with the person's photo, • U.S. Citizenship Certificate with the person's photo, • U.S. Passport (book or card)

If you do not possess and cannot reasonably obtain one of these seven forms of photo ID, you may fill out a Reasonable Impediment Declaration at the polls and present an alternate form of identification, such as your utility bill, a bank statement, a government check, or your voter registration certificate.

KEY DATES

Election Day: Nov. 5, 2024

Last Day to Register to Vote: Oct. 7, 2024 - First Day of Early Voting by Personal Appearance: Oct. 21, 2024

Last Day of Early Voting by Personal Appearance: Nov. 1, 2024 - First Day to Apply for Ballot by Mail: Jan. 1, 2024

Last Day to Apply for Ballot by Mail: Oct. 25, 2024 - Last day to Receive Ballot by Mail: November 5, 2024 (Election Day) at 7:00 p.m. if carrier envelope is not postmarked, OR Wednesday, Nov. 6, 2024 (next business day after Election Day) at 5:00 p.m. if carrier envelope is postmarked by 7:00 p.m. at the location of the election on Election Day (unless overseas or military voter deadlines apply)



HEALTH TOPICS

OCTOBER 2024 HEALTH OBSERVANCES CONTINUED

President Joe Biden's Proclamation on National Breast Cancer Awareness Month, 2024.

Today, there are more than four million breast cancer survivors in America — and this year alone, hundreds of thousands more will be diagnosed. While scientists have made significant breakthroughs to better prevent, detect, and treat breast cancer, a diagnosis is frightening and overwhelming. Patients and families are often flooded with complex medical information and forced to advocate for themselves to receive basic care. Additionally, some patients are left saddled with exorbitant medical bills while undergoing grueling treatments.

For my family and Vice President Harris' family — along with millions of families across the country — cancer is personal. Ending cancer as we know it has been a top priority for my Administration since day one. The First Lady and I reignited the Cancer Moonshot to cut the cancer death rate by at least 50 percent over the next 25 years and improve the experience of those diagnosed with cancer and their loved ones. I also established the Advanced Research Projects Agency for Health, securing \$4 billion in bipartisan funding to help the scientists, innovators, and public health professionals who are working around the clock to improve the prevention, detection, and treatment of cancers and other deadly diseases.

My Administration has also worked hard to make cancer treatment more affordable for patients. I strengthened Medicaid and the Affordable Care Act (ACA), expanding health coverage to millions of Americans and saving millions of families \$800 per year on their health insurance premiums. My Inflation Reduction Act will cap total out-of-pocket costs for prescription drugs at \$2,000 per year for seniors and other people on Medicare — including expensive cancer medications, which can cost tens of thousands of dollars.

Moreover, to increase support for patients and their families, we have ensured that people facing cancer can access patient navigation services that are fully paid for through Medicare, Medicaid, and private health insurance. This personalized assistance helps lift the burden of managing the complex medical journey alone from millions of patients.

Furthermore, my Administration is committed to ensuring women have access to screening and early detection services, which are critical in catching breast cancer early and saving lives. Toward that aim, we expanded coverage under the ACA, which requires insurers to pay for recommended cancer screenings — including mammograms — for many more Americans. We expanded access to free breast cancer screenings for any veteran exposed to Too many Americans know the pain of losing a mother, sister, wife, daughter, or loved one to breast cancer. During National Breast Cancer Awareness Month, we honor the memories of all breast cancer awareness month those we have lost to this devastating disease. We give strength and support to their families, to their caregivers, to survivors, and to women still undergoing treatment. And we express our gratitude to all the medical professionals and health researchers working tirelessly to end cancer as we know it. And we will continue to forge partnerships with community health centers to help ensure underserved communities have access to early detection and support services.

For more information about breast cancer, go to cancer.gov/types/breast or call 1-800-422-6237 to speak to information specialists at the National Cancer Institute in English and in Spanish. The Centers for Disease Control and Prevention's National Breast and Cervical Cancer Early Detection Program also offers breast cancer screenings or diagnostic services to low-income individuals who are uninsured or otherwise qualify for the program — go to cdc.gov/breast-cervical-cancer-screening/ to learn more.

This National Breast Cancer Awareness Month, let us each recommit to doing our part to give more support, hope, and care to patients, families, and survivors of breast cancer. Let us rise above party and politics and unite as Americans to help all of our loved ones struggling with this terrible disease. And let us strengthen our resolve together as a Nation to end cancer as we know it — for all the lives we have lost and all those we can still save.

NOW, THEREFORE, I, JOSEPH R. BIDEN JR., President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim October 2024 as National Breast Cancer Awareness Month. I encourage citizens, government agencies, private businesses, nonprofit organizations, and other interested groups to join in activities that will increase awareness of what Americans can do to prevent and control breast cancer and pay tribute to those who have lost their lives to this disease.



Delta Education & Charitable Foundation
Mardi Gras Gala
Carnivale Mystique
Save The Date: March 1, 2025





DELTA EDUCATION AND CHARITABLE FOUNDATION

Education, Scholarships and Services
P.O. Box 42227
Houston, Texas 77242-2227

Why Join Delta Education and Charitable Foundation

BECOME a member of a Foundation that supports the Community At-large and possess the following qualities:

- **D**EDICATED to serve the members of the community and other partnership/collaborations.
- **E**NERGIZED to promote Hot Topics relevant to good health and educational endeavors.
- **C**OMMITTED to Social Justice Issues.
- **F**UNDRAISING for scholarships and community programs.

Frequently Asked Questions

What are the qualifications to join Delta Education and Charitable Foundation?

- Be a citizen in good standing and willing to serve and give their time and resources to help the Foundation accomplish it's mission.

Do I have to be an African American?

- No. It is a goal of the Foundation to become a diverse organization with members of all genders, races and ethnicities.

Do I have to be a member of Delta Sigma Theta?

- No. We are all a part of various other organizations.

Can I also be a member of the Divine 9 or any other organization?

- Yes. We strive on the intellect and contributions of people that share similar interest.

How often does the Foundation meet?

- Bi-monthly or as necessary by call meetings.

How much are the annual dues?

- Annual dues are \$25 for June 1, 2024 through December 31, 2024



Together Everyone Achieves More
Membership and Donor Information

- Yes, I would like to become a member of the Delta Education and Charitable Foundation (DECF). Annual dues \$50.
- Yes, I would like to show my support through the enclosed donation of:
_____ \$10 _____ \$20 _____ \$25 _____ Other Amount
- Yes, I wish to receive periodic updates of DECF's programs and events.

Name: _____

Address: _____

Primary Phone: _____ Email: _____

DECF is a 501(c)(3) not-for-profit charitable organization. All contributions are tax deductible to the fullest extent allowed by law. For more information contact the following:

Pamela Cashaw, President - 713-515-6252 or Daphne Moss, Vice-President - 713-824-7614

____ I HAVE ENCLOSED A CHECK OR MONEY ORDER PAYABLE TO "DECF"

____ Or Zelle to :decf1974@gmail.com

Please send check to: DECF, P.O. Box 42227 - Houston, TX 77242-2227

Thank you for your continuous support!
DECF BOARD MEMBERS

Dave Moss
President Emeritus

Pamela Cashaw
President

Daphne Moss
Vice President

Jacquelyn Blossom
Secretary

Grace Macklin
Treasurer

Barbara Branch
Financial Secretary

Marna Arvie
Member

Fraulyn Baisey
Member

Maureen Gordon
Member

Cynthia Jones
Member

MISSION

DECF commitment to service, scholarships and educational purposes, yet not limited to such purposes; we shall continue our endeavors in the areas of social awareness, physical and mental health and cultural development in the communities we serve.

VISION

To operate in partnership with other like-minded organizations.

VALUES

Respect – Stewardship - Ethics - Learning and Innovation



**TOGETHER EVERYONE
ACHIEVES MORE
FOR
DELTA EDUCATION AND
CHARITABLEE FOUNDATION**



**REMEMBER THE HURRICANE
SEASON IS NOT OVER.
STAY PREPARED!**