


DELTA EDUCATION AND CHARITABLE FOUNDATION

Education, Scholarships and Services
P.O. Box 42227
Houston, Texas 77242-2227

Together Everyone Achieves More

**DECF
NEWS/UPDATES**

*Executive Board Meeting
TBA via email*

*Foundation Meeting
TBA via email*

**MARDI GRAS AUCTION
COMMITTEE**

****Monday, June 3, 2024
6:00 pm
Integrated Missionary Church**

HAPPY FATHER'S DAY

CELEBRATE JUNETEENTH

MEMBERSHIP SERVICES

*Membership in DECF is open.
Contact Daphne Moss, Chair or
visit decfonline.com for
additional information.*

Community Service Projects

*Jordan Grove's Food -Pantry
Contact Maureen Gordon
Jack Yates High School
Contact Lelita Titus
Other Community Projects are welcomed.*

HEALTH TOPICS

*June's
Health Observances*

HOT TOPICS

*Former President Donald Trump's
Astonishing Verdict
City's Budget
Reverend William Lawson*

FYI

*Scholarships and Awards
Recognition
June 22, 2024*

Your Voice Your Vote

Greetings,

On June 16th ,the single most common date among world countries, the third Sunday of June, we will celebrate Father's Day. This is the holiday honoring one's father, or relevant father figure, as well as fatherhood, paternal bonds, and the influence of fathers in society.

Also in this month, Juneteenth, officially known as Juneteenth National Independence Day, we recognize a significant American holiday commemorating the end of slavery in the United States. Specifically, it marks the day in 1865 when Union soldiers, led by Major General Gordon Granger, landed at Galveston, Texas, with news that the war had ended and that the enslaved were now free. Celebrations across the nation include parades, cultural performances, readings of the Emancipation Proclamation, and a wide range of educational events aimed at promoting an understanding of the historical struggles and achievements of African Americans. This day is also a time for reflection on current social justice issues and the ongoing pursuit of equality.

Happy Father's Day and Celebrate Junetenth



Pamela Cashaw, President Dave Moss, President Emeritus



HEALTH TOPICS

JUNE 2004 HEALTH OBSERVANCES

Every month, there are hundreds of national and international celebrations dedicated to raising awareness and support for meaningful health issues. June is Men's Health Month, a time to raise awareness in your community about the importance of early detection of common health issues among men

Cancer Survivors Day: On the first Sunday in June each year, on June 2 this year, the nonprofit National Cancer Survivors Day Foundation rallies its forces and resources to promote National Cancer Survivors Day in the U.S. and worldwide, as it has done since 1988. The NCSDF Foundation bills the holiday as a "celebration of life" where survivors — described as anyone who has a history of the disease, from the point of diagnosis through the remainder of life — gather with friends, families, and supporters to raise awareness, spread information, provide services, and honor other survivors, all to show that life after a cancer diagnosis can be full and fruitful. Many survivors of cancer make a conscious choice to start living a healthier lifestyle once they are cancer free.

Men's Health Month, a time to raise awareness in your community about the importance of early detection of common health issues among men. Many men do not get medical care, undergo preventive screenings, or even have a primary care doctor. All men need to have regular checkups and be aware of health risks for their age, ethnicity, and lifestyle. Men's Health Month encourages men to take charge of and be proactive in their overall health. It's a great time to remind the men you know who have blood disorders to care for their bodies! This includes eating right, exercising, and taking charge of their mental health and well-being.

Headache and Migraine Month, for many of us, a headache is something we just have to ride out with a mild painkiller. But sometimes a headache can be indicative of a much more serious condition.

PTSD Awareness Month: PTSD is not a newly recognized mental disorder. The disorder dates back to 50 B.C. when it was described in a poem by Hippocrates. He talks about the experiences of a soldier returning home after a battle. PTSD started gaining more attention after the wars between England and France when many people, civilians and soldiers alike, reported experiencing symptoms like anxiety, insomnia, intrusive and disturbing thoughts, and flashbacks. This continued throughout WW1 and WW2, with PTSD being named as 'Shell Shock' and 'Battle Fatigue', respectively. It was during the 1970s' Vietnam War that the mental disorder was renamed PTSD. Earlier treatments involved electric shock therapy and other painful options. But today's modern technology and extensive research have led to much better and effective treatments like group therapy, counseling, and antidepressants. Many people believe that PTSD can only happen to soldiers or people living in war zones, but anyone can experience an event that can trigger this disorder.

Alzheimer's and Brain Awareness Month: a time when people around the nation are having conversations about their own cognitive health — and discussing cognitive well-being with friends, family members, and health care providers. Because Alzheimer's develops over time — often over many years, if not decades — public health professionals have many opportunities to take action. Exercise is good for every part of your body, even your brain. For Alzheimer's and Brain Awareness Month, physical activity can help improve brain health.

Hernia Awareness: While the term hernia may be spoken about often, many people are unsure what a hernia actually is and how it can be treated. A hernia is an uncomfortable condition in which an organ or tissue slips through a weak area in the surrounding muscle or connective tissue that holds the abdominal organs in place. It can occur and develop anywhere in the body, especially in the abdominal wall.

Common Symptoms of Hernias: – Pain or soreness in the affected area, especially when bending over, coughing or lifting; – Visibly noticeable protrusion; – Burning, gurgling or aching in the area of the hernia bulge; – Weakness, pressure or a feeling of heaviness in the abdomen; **Five Main Causes of a Hernia:** – Congenital defects; – Prior surgeries; – Pregnancy; – Improper lifting of heavy objects; – Advanced age & loss of tone.

Together, by sharing information we can take steps to improve health within our communities and nation.



HOT TOPICS

FORMER PRESIDENT DONALD TRUMP IS NOW A CONVICTED FELON: CAN HE STILL RUN FOR PRESIDENT?

Donald Trump is the first former president convicted of a crime in U.S. history, but it won't stop him from running for president again. His conviction on Thursday does not bar him from seeking a return to the Oval Office. Twelve Manhattan jurors found Trump guilty on 34 counts of falsifying business records after prosecutors showed he covered up reimbursements to his former lawyer Michael Cohen. Cohen paid porn star Stormy Daniels \$130,000 to stay quiet about an alleged sexual affair ahead of the 2016 election. Trump denies taking part in a tryst with Daniels. He is expected to appeal the verdict.

CITY'S \$6.7 BILLION BUDGET IS LARGER THAN SOME STATE BUDGETS

Houston mayor introduces budget prioritizing fighting crime to ensuring no new taxes or a fee are included, and doesn't reduce services and closes a \$160 million deficit in his first proposed budget. The Fiscal Year 2025 Proposed Budget is his first budget; prioritizing efficiency and limiting increasing taxes. The budget doesn't create new taxes or fees, it also doesn't cut spending. The proposed \$6.73 billion budget for all funds is \$442 million more than fiscal 2024, a 7% increase. The budget increases account for prioritizing funding for public safety staffing including paying for five cadet classes for the Houston Fire and Police departments that have suffered from staffing shortages. It also follows through on a campaign pledge to residents in Texas' largest city plagued by crime and limited or failing public services. The city council must approve the budget before July 1, when the new fiscal year begins.

HOUSTON POLICE CHIEF RETIRES SUDDENLY AFTER QUESTIONS RAISED ABOUT MORE THAN 260,000 SUSPENDED INVESTIGATIONS

Houston's police chief, Troy Finner unexpectedly retired from the force on May 8th amid questions about a department policy that allowed hundreds of thousands of cases to be suspended, including sexual abuse cases, according to the mayor's office. He had served as the chief of the Houston Police Department since 2021, capping off a 34-year career with the department.

REMEMBERING REVEREND WILLIAM A. LAWSON, Emeritus- 1928 - 2024 *Reverend Lawson: A legacy of Faith, Justice and Community Spirit*

The city of Houston paused to honor the astonishing life and legacy of Reverend William A. Lawson. Some of Reverend Lawson's major attributes include:

- Known as a ***gentle giant***, touching countless lives and inspiring generations;
- Leaves a ***life of service and leadership***, from serving as the Director of the Baptist Student Union at Texas Southern University to establishing Wheeler Avenue Baptist Church in June 1962 in Houston's Third Ward.
- A ***champion of Civil Rights***, playing a key role in the civil rights movement of the 1960's and 1970's, working alongside Dr. Martin Luther King, Jr. and other leaders to desegregate Houston and promote equality,
- Worked to ***build a stronger community***, his commitment to community development was unwavering
- Leaves a ***lasting legacy***. His impact on Houston is immeasurable; his dedication to faith, justice, and community has left a lasting legacy that will continue to inspire future generations.
- ***His mission***, his family, organizations and community leaders in Houston are committed to caring forward his mission, ensuring his legacy of service and advocacy lives on.

The city of Houston celebrates the life of Reverend William A. Lawson who was steadfast and dedicated to making the world a better place. His contributions to faith, civil rights, and community development will never be forgotten.



May 28, 2024: Primary Runoff Elections

The May 28 primary runoff elections in Houston were especially competitive this cycle, with Democrats vying for open seats in the Texas House and Senate.

Elsewhere, Republican primaries in the region and across Texas were also up for grabs. Gov. Greg Abbott was looking to oust the GOP lawmakers who oppose school vouchers, and House Speaker Dade Phelan faced a spirited challenge from Republican David Covey, who was backed by former President Donald Trump.

Greg Abbott says Texas House now has the votes to pass school vouchers.

DEMOCRATIC Results	REPUBLICAN Results
State Senator, District 15 Jarvis Johnson 49.8% Molly Cook 50.209%	US Representative, District 7 Kenneth Omoruyi 47.25% Caroline Kane 52.75%
State Representative, District 139 Angie Thibodeaux 48.06% Charlene Ward Johnson 51.94%	Texas House, District 21, Dade Phelan 50.7% David Covey 49.3%
State Representative, District 146 Lauren Ashley Simmons 64.63% Shawn Nicole Thierry 35.37%	US Representative, District 29 Christian V. Garcia 46.28% Alan Garza 53.72%
14th Court of Appeals District Place 3 Velda Renita Faulkner 56.78% Jerry Zimmerer 43.22%	Texas House, District 29 Jeffrey Barry 58.5% Alex Kamkar 41.5%
District Judge, 486 Judicial District Vivian King 54.55% Gemayel "g" Haynes 45.45%	Texas House, District 12 Trey Wharton 72.4% Ben Bius 27.6%
County Tax Assessor - Collector Desiree Broadnax 44.15% Annette Ramirez 55.85%	
County Constable, Precinct 5 Jerome Moore 62.16% Jerry Rodriguez 37.84%	

THE RIGHT TO VOTE! DID YOU WEAR THE I VOTED BADGE?





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Why Join Delta Education and Charitable Foundation

BECOME a member of a Foundation that supports the Community At-large and possess the following qualities:

- **D**EDICATED to serve the members of the community and other partnership/collaborations.
- **E**NERGIZED to promote Hot Topics relevant to good health and educational endeavors.
- **C**OMMITTED to Social Justice Issues.
- **F**UNDRAISING for scholarships and community programs.

Frequently Asked Questions

What are the qualifications to join Delta Education and Charitable Foundation?

- Be a citizen in good standing and willing to serve and give their time and resources to help the Foundation accomplish it's mission.

Do I have to be an African American?

- No. It is a goal of for the Foundation to become a diverse organization with members of all genders, races and ethnicities.

Do I have to be a member of Delta Sigma Theta?

- No. We are all a part of various other organizations.

Can I also be a member of the divine or any other organization?

- Yes. We strive on the intellect and contributions of people that share similar interest.

How often does the Foundation meet?

- Bi-monthly or as necessary by call meetings.

How much are the annual dues?

- Annual dues are \$25 for June 1, 2024 through December 31, 2024



Together Everyone Achieves More
Membership and Donor Information

- Yes, I would like to become a member of the Delta Education and Charitable Foundation (DECF).
- Annual dues: \$ 25.00
- Yes, I would like to show my support through the enclosed donation of:
 _____ \$10 _____ \$20 _____ \$25 _____ Other Amount
- Yes, I wish to receive periodic updates of DECF's programs and events.

Name: _____

Address: _____

Primary Phone: _____ Email: _____

DECF is a 501(c)(3) not-for-profit charitable organization .All contributions are tax deductible to the fullest extent allowed by law. For more information contact the following:

Pamela Cashaw, President - 713-515-6252 or Daphne Moss, Vice-President - 713-824-7614

_____ I HAVE ENCLOSED A CHECK OR MONEY ORDER PAYABLE TO "DECF" FOR \$ _____

Please send check to: DECF, P.O. Box 42227 - Houston, TX 77242-2227 "or QR Code"

Thank you for your continuous support!

DECF BOARD MEMBERS

Dave Moss
President Emeritus

Pamela Cashaw
President

Daphne Moss
Vice President

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Member

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Member

MISSION

DECF continues its commitment to service, scholarships and educational purposes, yet not limited to such purposes; we shall continue our endeavors in the areas of social awareness, physical and mental health and cultural development in the communities we serve.



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FOR
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*Have a Blessed Father's Day
And Celebrate Juneteenth!*